



529 W Wheatland Rd  
Duncanville Tx 75116  
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**Patient Registration:**

Full Legal Name: Last: \_\_\_\_\_ First: \_\_\_\_\_ M.I.: \_\_\_\_\_

Marital Status: M S W D Sep Date of Birth: \_\_\_\_\_ Gender: \_\_\_\_\_

Home Address: \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Social Security # \_\_\_\_\_ Home#: \_\_\_\_\_ Cell#: \_\_\_\_\_

Email Address: \_\_\_\_\_ Preferred method of contact: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Is it OK to leave messages on your Voicemail? \_\_\_\_\_ Text Reminders? \_\_\_\_\_

**Guarantor:** (If same as patient leave blank)

Full Legal Name: Last: \_\_\_\_\_ First: \_\_\_\_\_ M.I.: \_\_\_\_\_

Home Address: \_\_\_\_\_

Social Security #: \_\_\_\_\_ Home#: \_\_\_\_\_ Cell#: \_\_\_\_\_

Email: \_\_\_\_\_ Preferred method of contact: \_\_\_\_\_

**Emergency Contact:**

**Contact #1**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Cell#: \_\_\_\_\_ Home#: \_\_\_\_\_

**Contact #2**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Cell#: \_\_\_\_\_ Home#: \_\_\_\_\_

Do you have a living will? Yes No Do you have a Medical Power of Attorney? \_\_\_\_\_

Are you an Organ Donor? Yes No



## Medical History

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Your answers to the following questions will help us to understand your medical history and the concerns you would like to discuss with your practitioner. Please fill out as much of this questionnaire as possible. If you can not answer some of the questions or feel uncomfortable answering, leave them blank.

Reason for your appointment: \_\_\_\_\_

Medication Allergies: \_\_\_\_\_

Environmental Allergies: Yes No

Are you taking an Aspirin: Yes No

Please circle to indicate if you have ever had the following conditions: None

- |                          |                       |                   |
|--------------------------|-----------------------|-------------------|
| Alzheimer's Disease      | Gout                  | Seizures          |
| Anemia                   | Heart Attack          | Stroke            |
| Anxiety                  | Hepatitis             | Thyroid Disease   |
| Arrhythmia/Palpitations  | High Blood Pressure   | Tuberculosis      |
| Arthritis/Bursitis       | High Cholesterol      | Vertigo/Dizziness |
| Asthma                   | Incontinence          | Cancer            |
| Congestive Heart Failure | Intestinal Problems   |                   |
| Constipation/Diarrhea    | Kidney Disease        |                   |
| Coronary Artery Disease  | Liver Disease         |                   |
| Depression               | Menopause             |                   |
| Diabetes Type I or II    | Migraine Headaches    |                   |
| Edema                    | MRSA Infections       |                   |
| Emphysema/COPD           | Osteoporosis          |                   |
| Enlarged Prostate        | Parkinson's Disease   |                   |
| GERD/Acid Reflux         | Peptic Ulcer/GI Bleed |                   |

Have you had any Surgeries? Yes No

If yes, please specify with Date/Year

\_\_\_\_\_  
\_\_\_\_\_

Have you had any other medical problems or serious injuries that are not listed above? Yes No

\_\_\_\_\_  
\_\_\_\_\_

Who is your Primary Care Provider? \_\_\_\_\_

Are you currently seeing any other providers? Yes No

\_\_\_\_\_  
\_\_\_\_\_



## Medical History

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Please List all medications, including Vitamins, natural, and prescription medications that you are currently taking. Please note the dosage if possible.

- |          |                                 |
|----------|---------------------------------|
| 1. _____ | Pharmacy Name, Number, Address: |
| 2. _____ | _____                           |
| 3. _____ | _____                           |
| 4. _____ | _____                           |
| 5. _____ | _____                           |
| 6. _____ | _____                           |

Have you had any of the following test done? Please note approximate dates.

Pap Smear _____	Tetanus shot _____
Mammogram _____	Influenza _____
Colonoscopy _____	Pneumonia _____
Stress Test _____	Bone Density _____

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Do you smoke or use tobacco products? Yes No Quit? \_\_\_\_\_  
Number of cigarettes daily? \_\_\_\_\_  
How many years? \_\_\_\_\_

Do you drink alcohol? Yes No  
How often? \_\_\_\_\_

Do you use recreational drugs? Yes No  
If yes, are you currently using them? Yes No

Are you sexually active? Yes No With: Men Women Both  
Do you feel like you are at risk of having a sexually transmitted disease? Yes No  
Do you feel at risk for having AIDS/HIV? Yes No  
Are you pregnant? Yes No Last menstrual cycle? \_\_\_\_\_

Have you ever been pregnant? Yes No  
How many times? \_\_\_\_\_  
Miscarriages? \_\_\_\_\_ Abortions? \_\_\_\_\_ C-Sections? \_\_\_\_\_

Do you use any form of Birth Control? Yes No  
Which Brand? \_\_\_\_\_



## Medical History

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Please check any of the Diseases that run in your family and please note who:

	Mother	Father	Sister	Brother	Child
Alcohol or Drug use					
Cancer/ Type					
Diabetes					
Heart Disease					
High Blood Pressure					
High Cholesterol					
Mental Illness					
Osteoporosis					
Stroke					
Alzheimer's					
Thyroid problems					

Review of Systems: Are you experiencing any of the following?

Chest pain? Yes No

Headaches? Yes No

Nausea? Yes No

Dizziness? Yes No

Fatigue? Yes No

Abdominal Pain? Yes No

Numbness/Tingling to extremities? Yes No

Are there any other symptoms you would like to discuss in today's visit?

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## New Patient Welcome Letter

Welcome to North Texas Care Clinic. We are honored you have chosen us as your health care provider. Our goal is to provide the highest quality care for all our patients in a timely and respectful manner.

The clinic is managed by a board-certified Nurse Practitioner who hold a Doctor of Nursing Practice Degree which is a terminal clinical practice doctorate that is the highest level of academic preparation. Please note that you may be seen by other health care providers as well. North Texas Care Clinic does collaborate with other specialists, Nurse Practitioners, and or Physicians should your case require such care.

We will do our best to provide you with same day office visits. You will need to bring your ID and Insurance card with you for each appointment. Please let our office staff know if any of your information changes. If you are unable to provide us with necessary information, your appointment will need to be rescheduled.

All copays and past due balances are expected at time of service, unless a prior agreement has been made with the clinic administrator.

We ask that you allow plenty of time to get to the office for your appointment. You may be asked to reschedule your appointment if you are more than 15 minutes late. We will strive to stay on time. From time to time, a patient emergency arises, and we may be running late for your visit. You will have the option to re-schedule or to stay to be seen and we will keep you informed of how long of a delay you may experience.

Please bring all your prescription and over-the-counter medications with you at each visit.

Our office policy for a missed appointment is:

- If it is an appointment for a new patient, the appointment will not be rescheduled;
- Two (2) no-show appointments will result in dismissal from the practice.

We understand that appointments sometime need to be changed, so we ask that you call in advance if you cannot keep your scheduled appointment.

Providing the highest quality of professional care to our patients is very important to us. Therefore, the following guidelines for dispensing medications in our office have been established:

1. North Texas Care Clinic does not offer chronic pain management and will not dispense chronic pain medication (for example, chronic daily narcotics). We will provide you with a referral to a pain management center if you need this specialized form of care after evaluation by our healthcare provider (nurse practitioner and/or physician).
2. If you are prescribed or taking a psychotropic or controlled substance medication/s you will be required to undergo urine toxicology drug screening and monitoring for your safety.

Patient Name (Printed): \_\_\_\_\_ Date: \_\_\_\_\_

Patient or Guardian Signature: \_\_\_\_\_



Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_

Your answers to the following questions will help us to understand your medical history and the concerns you would like to discuss with your practitioner. Please fill out as much of this questionnaire as possible. If you cannot answer some of the questions or feel uncomfortable answering, leave them blank.

Over the last 2 weeks, how often have you been bothered by any of the following problems?	Not at all	Several days	More often	Nearly daily
1. Little to no interest/pleasure in doing things?	0	1	2	3
2. Feeling down, depressed, or hopeless?	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much?	0	1	2	3
4. Feeling tired or having little energy?	0	1	2	3
5. Poor appetite or overeating?	0	1	2	3
6. Feeling bad about yourself, that you're a failure, or let yourself down?	0	1	2	3
7. Trouble concentrating on things, such as reading or watching TV?	0	1	2	3
8. Moving or speaking slowly so much so that others notice? Or opposite?	0	1	2	3
9. Thoughts that you would be better off dead, or harming yourself?	0	1	2	3
1. Feeling Nervous, Anxious, or on edge	0	1	2	3
2. Not being able to stop or control worrying	0	1	2	3
3. Worrying too much about different things	0	1	2	3
4. Trouble relaxing	0	1	2	3
5. Being so restless that it is hard to sit still	0	1	2	3
6. Becoming easily annoyed or irritated	0	1	2	3
7. Feeling afraid as if something awful might happen	0	1	2	3

**On a scale of 1-10**

The symptoms have disrupted your Work/School activity	1	2	3	4	5	6	7	8	9	10
The symptoms have Social Life/Leisure Activity:	1	2	3	4	5	6	7	8	9	10
The symptoms have disrupted your Family Life/Home Responsibilities:	1	2	3	4	5	6	7	8	9	10

How many days in the last week have your symptoms caused you to miss school/work or leave you unable to carry out your normal daily responsibilities? \_\_\_\_\_

How many days in the last week have you felt so impaired by your symptoms that, even though you went to school or work, your productivity was reduced? \_\_\_\_\_

Office use only

GAD-7: \_\_\_\_\_

PHQ-9: \_\_\_\_\_

Total: \_\_\_\_\_



### Vitamin B12 Questionnaire

Patient Name: \_\_\_\_\_

DOB: \_\_\_\_\_

Weight: \_\_\_\_\_ BP: \_\_\_\_\_

Height: \_\_\_\_\_ Pulse: \_\_\_\_\_

- |  |     |    |
|--|-----|----|
| 1. Do you suffer from fatigue or weakness?                                       | Yes | No |
| 2. Do you have a swollen or sore tongue?   | Yes | No |
| 3. Do you experience numbness/tingling in hands or feet?                         | Yes | No |
| 4. Do you suffer from low mood or depression?                                    | Yes | No |
| 5. Do you have difficulty concentrating or poor memory?                          | Yes | No |
| 6. Is your skin unusually pale?  | Yes | No |
| 7. Is the inside of your mouth pale?   | Yes | No |
| 8. Do you experience dizziness or lightheadedness?                               | Yes | No |
| 9. Do you have brittle nails?  | Yes | No |
| 10. Do you have indigestion, gas, bloating, diarrhea, or constipation?           | Yes | No |
| 11. Have you experienced unexplained weight loss?                                | Yes | No |
| 12. Do you experience difficulty sleeping or feel unrested?                      | Yes | No |
| 13. Do you have cold hands or feet?  | Yes | No |
| 14. Do you suffer from shortness of breath with minimal exertion?                | Yes | No |
| 15. Do you experience difficulty walking?  | Yes | No |
| 16. Do you regularly drink alcohol?  | Yes | No |
| 17. Are you vegetarian or vegan?   | Yes | No |
| 18. Do you experience frequent headaches?  | Yes | No |
| 19. Do you have Celiac's, Crohn's, Inflammatory bowel disease or gastric bypass? | Yes | No |

Initial: \_\_\_\_\_

Date: \_\_\_\_\_